



LEVEL 2 (PLAYERS)

1. In this level, what is Hall of Fame college coach Mike Martin talking about in regards to Sportsmanship?
2. Describe something your travel ball or little league coach has done to make your experience with your team a positive one.
3. Former UCLA star and current Minnesota Twins pitcher describes how he liked to study other pitches similar to himself, why is this a good idea and how would you study?
4. Why is it important to learn to keep your emotions in control? Describe a situation that would require you to keep your emotions in check during a game.
5. Describe something that you learned from Trevor Hoffman's story at the end of the chapter.